

## - Step 1: The Re-Examination Patient Form -

*Before you can make next step recommendations, you need context to support your new treatment plan.*

*When your patient arrives, your support staff provide them with a re-exam form to complete prior to the consult commencing.*

*This is a quick and easy process and takes approximately 2-3 minutes for your patient to complete. To avoid any time issues, advise your patient to attend 10 minutes early ahead of their re-exam appointment.*

*This process is powerful because it involves your patient sharing their experience with you, as well as providing important information such as what their next step goals are, and which of your additional services they would like to try (this is great for recommending classes, additional products and other more advanced services that they have not tried yet).*

*This form needs to be completed and returned to your support staff prior to the consult. The form then needs to be provided to the treating practitioner so that it can be assessed prior to commencing the re-exam consult.*

***Below is a template for you to adapt to your needs. The PDF is inside our member's area for you.***

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*At (**name of clinic**) our primary goal is to correct your underlying problem (not just cover up the symptoms) restore that part of your body to normal, or as near normal as possible. Once this is achieved it is our goal to help you to achieve an even better level of health than what you've previously experienced.*

***As I explained to you at the beginning of your (XYZ) treatment, symptoms are often the last thing to appear and the first to disappear. Therefore, they are not our sole priority in the correction of your underlying problem. In most cases, you may be symptom free prior to having achieved correction of your underlying problem. This represents a false positive that we need to investigate.***

*As always, I do care very much about how you are feeling, and I want you to have relief as quickly as possible. It is, however, easier to correct your underlying problem while you are feeling better than it is while you are experiencing symptoms.*

*Let's start your re-exam:*

**1. Please write down your original chief complaint:**

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**2. Please describe how you are feeling now?**

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\_\_\_\_\_

**3. Give a percentage of how you feel now compared to before. For example, I feel 80% better:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**4. What symptoms are you still experiencing?**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**5. What is the number 1 goal that you want to achieve from treatment? (e.g., to be able to do, experience)**

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\_\_\_\_\_

**6. If you could achieve that goal faster what difference would that make for you?**

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**7. Are there services/products of ours that you haven't tried that you'd like to learn more about? If so, which ones?**

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