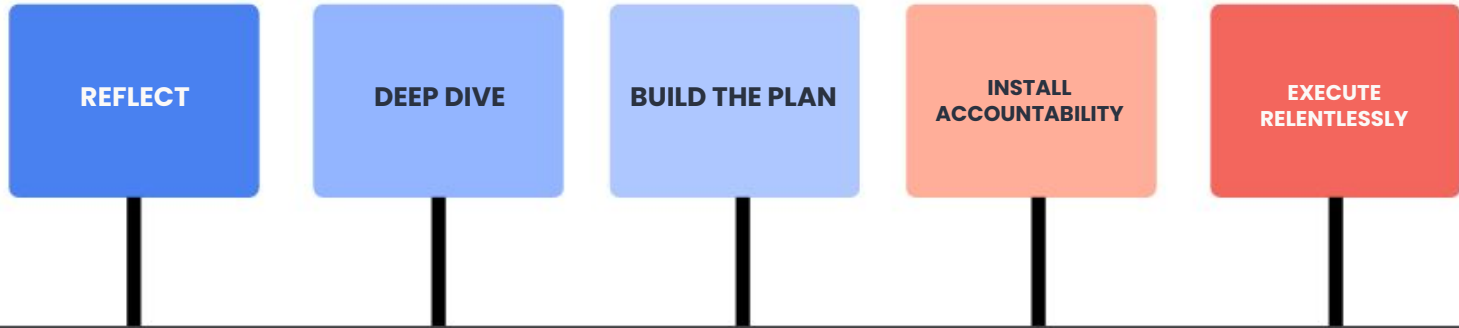




Q3 Quarterly Flight Plan

Your 90 Day Game Plan

The 5 Step Flight Plan Formula™



The Practice Performance Review™

Step 1: Reflect

WINS

What went well this past quarter?

- What results are you most proud of?
- What systems, habits, or campaigns worked?

Write 3–5 key wins:

The Practice Performance Review™

LESSONS

What didn't go to plan and what did it teach you?

- What challenges or frustrations did you face?
- What would you do differently?

Write 2–3 lessons learned:

The Practice Performance Review™

PROJECT COMPLETION

Did you complete the projects you set last quarter?

Project Name

Status (✓/✗/🕒)

Notes

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NUMBERS SNAPSHOT

Area

Goal

Results

New Patients Booked

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--

Revenue Growth

--

--

Team Performance

--

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Patient Retention Rate

--

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Clinical Hours

--

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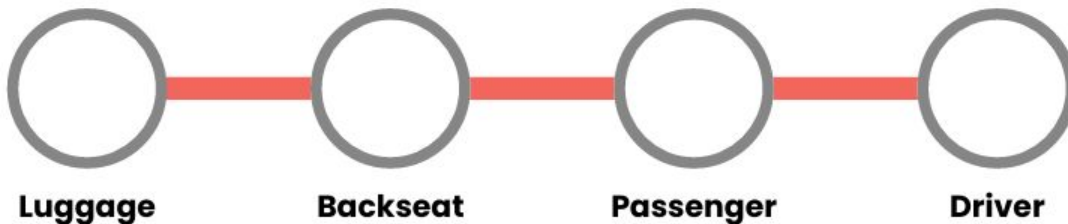
The Practice Performance Review™

HOW HAVE YOU BEEN SHOWING UP?

Be honest: how have you been showing up as a leader and owner?

- Have you been focused or distracted?
- Proactive or reactive?
- Committed or coasting?

Feedback | How hard am I playing the game?



The Practice Performance Review™

How do I need to show up differently to achieve my goals?

OVERALL QUARTER SCORE

Give yourself a score from 0 to 10 and explain why.

My Score: /10

Why I chose this score:

Self Evaluation: 40K–80k per month

RATE YOURSELF USING
A TRAFFIC LIGHT SYSTEM

ATTRACT	We create and publish weekly content that speaks to our ideal patients' objections and goals, building trust and bookings across platforms.	_____	A4
	Our Instagram presence drives daily engagement, leads, and bookings through consistent reels, stories, and DM conversations that convert.	_____	A5
	Our Google profile is fully optimized and ranks top locally, bringing in consistent new patients through reviews, SEO, and visibility..	_____	A6
RETAIN	At least half of our patients commit to treatment upfront because our team confidently presents high-value plans with strong ROI and clarity.	_____	B4
	Each practitioner is hitting their revenue benchmarks, supported by clear metrics, proactive coaching, and accountability systems.	_____	B5
	Patients experience exceptional care from day one, with touchpoints that create trust, value, and monthly referrals we can measure.	_____	B6
TEAM	We meet weekly to track team performance, celebrate wins, and provide coaching—creating a culture of growth and ownership.	_____	C4
	Every team member knows their role and reporting line, and we use a living org chart to guide all hiring, promotions, and team changes.	_____	C4
	We measure and reward individual and team performance using clear KPIs, proactive coaching, and outcome-based recognition.	_____	C6
SCALE	We run weekly team meetings with clear metrics, project updates, and issue-solving that drive accountability and real progress.	_____	D4
	Our key systems across marketing, admin, and clinical care are fully documented, used daily, and continuously improved for consistency.	_____	D5
	I stay focused on high-impact work by regularly filtering out distractions, delegating low-value tasks, and protecting time for strategy.	_____	D6

Self Evaluation: 80K+ per month



RATE YOURSELF USING
A TRAFFIC LIGHT SYSTEM

ATTRACT

Our lead generation, nurture, and booking systems are fully automated—bringing in new patients without manual input or follow-up fatigue.

A7

We use AI tools like ChatGPT to produce and schedule marketing content that saves hours weekly and keeps our brand highly visible.

A8

Our paid advertising consistently delivers ROI, with clear tracking on cost per lead, click-throughs, and conversions from ad to booking.

A9

RETAIN

Our retention systems are automated and proactive, re-engaging lapsed patients and reducing no-shows without needing team reminders.

B7

Every patient has a mapped journey with clear next steps, upsells, and wellness offers, leading to longer stays and higher lifetime value.

B8

We've added new services that are high-margin and low-effort, backed by launch plans and tracked for uptake and profitability.

B9

TEAM

Each key area is owned by an A-player leader who takes full responsibility and drives outcomes, not just completes tasks.

C7

Our leadership meetings solve real problems with structured agendas, scorecards, and follow-through that moves the business forward.

C8

My leadership team sets and owns their goals, hits KPIs, and grows the business without needing my daily involvement or micromanagement.

C9

SCALE

I extract profits monthly and invest in personal wealth strategies, ensuring the business rewards me long-term, not just with a bigger salary.

D7

My business runs and grows without me—I could step away for 100 days and return to a stronger, more profitable company.

D8

I work 80%+ in my zone of genius, follow a designed ideal week, and feel energised, inspired, and creatively fulfilled as the business leader.

D9

Practice Accelerator Roadmap

	ATTRACT	RETAIN	TEAM	SCALE
\$80K+/mth Scale	A9 – Paid Ads to Profit Pipeline	B9 – Service Expansion Blueprint	C9 – The Executive Ownership Model	D9 – Founder Mojo
	A8 – AI Marketing Multiplier	B8 – The Ascension System	C8 – Leadership Meeting Mastery	D8 – The 100-Day Holiday System
	A7 – The Automated Patient Engine	B7 – Retention Automation Engine	C7 – The Leadership Team Builder	D7 – The Profit-to-Wealth Playbook
\$40K–\$80K/mth Grow	A6 – Google Growth Formula	B6 – The Signature Patient Experience	C6 – The Performance Accelerator Framework	D6 – The Genius Filter
	A5 – The Instagram Engine	B5 – Profitable Practitioner Playbook	C5 – The Scalable Org Chart Model	D5 – The A-Z Operations Blueprint
	A4 – The Content Machine	B4 – The Upfront Maximiser	C4 – The Weekly Performance Meeting System	D4 – The Weekly Growth Meeting System
\$20K–\$40K/mth Foundations	A3 – The 1-Page Marketing Plan	B3 – 100M+ Conversion Consult	C3 – The Ultimate Onboarding Blueprint	D3 – The Task Audit System
	A2 – The 100M+ FB Ads System	B2 – Retention Dashboard Pro	C2 – The 5-Minute Momentum Huddle	D2 – The CEO Scoreboard
	A1 – Patient Reactivation Blueprint	B1 – Profit Through Pricing	C1 – The High-Performance Hiring System	D1 – The Quarterly Flight Plan

THE ACCELERATOR

QUARTERLY FLIGHT PLAN

Please take 2 mins to complete the following questions to submit your quarterly plan

Full Name *

Full Name

Email *

✉ Email

PERFORMANCE UPDATE

Currency *

Current Revenue per Month *

Total Revenue For The Month (accepts numbers only)

90 Day Flight Plan

NUMBERS

NOW

Revenue/mth

Patients/wk

Clinical hours/wk

TARGET

Revenue/mth

Patients/wk

Clinical hours/wk

PROJECT 1

PROJECT 2

PROJECT 3

WISHLIST

MARKETING CAMPAIGNS

1

2

3

ACCOUNTABILITY

Accelerate coaching call to attend:

Weekly strategy meeting:



Project Planner Pro™

By Practice Acceleration &

Helps healthcare practice owners break down any project into weekly milestones, assign responsibilities, and build a 30-day implementation plan so they can execute faster, stay accountable, and get results without the overwhelm.

Click here to
build your project